

Wycombe Friends of the Earth

Minutes of Meeting held Wednesday 4th October 2017 at 7.30pm at

The Friends Meeting House, 25 London Road, High Wycombe, HP11 1BJ

Present: 12 plus 16 guests.

Apologies: 2

Brief items/reports:

1. Update on Climate Day of Action. Pushed to end of meeting and summary of decisions already sent to those concerned by a member.
2. A member has been booked for a slot on Wycombe Sound and will speak on Climate Day of Action, Air Quality and will mention the vegan talk.
3. Air Quality. WDC to declare 2 new air quality management areas, one in central Marlow and one in HW. 2016 readings show areas above target level. Bottom of Marlow Hill reading is 69.5 making it the worst area and way above 40 target. Have to produce action plan. Legislation states involvement of other stake holders, ie. ourselves. Do we want to get involved? Involves work. Not only meetings but maybe some kind of action. A member asked if we want to be involved. 'Yes' was decided.
4. A member reminded us of the upcoming Thame & Chinnor Fayre in Thame.
5. Main item: Presentation on Veganism by Haz Yate, followed by a question and answer session. Vbux - Buks Vegan Meetup. The original speaker had been prevented from coming and Haz had stepped in to replace her. He gave his personal experiences supported by video clips and web-site statements. The following is a list of references mentioned by him...

March In London 5000 marchers. Surge.

Animal Free Research UK - video talk (Helen)

Video James Cameron - supporting plant based diet.

Forest Green Rovers - Vegan Football Club.

Vegan Band - "Architects "

Books – "What a Fish Knows"

31.5 million tonnes of fish caught and ground up for animal feed.

Global fisheries will collapse by 2048

Meatronics by David Robinson Simon

Nutrition Facts.org.(internet)

How Not to Die (book)

Physicians Committee for Responsible Medicine: PCRM.org/

Plate up for the Planet (The Vegan Society) 7 Day Challenge

Earthling Ed. (on line video) of calf being taken from stressed mother in Israel

Well-fed world (for stats)

Alternatives to dairy:

Ben & Jerry's non-dairy ice cream

Sainsbury's non dairy cheese

Post animal agriculture (lab grown meat) - New Harvest Point of contention in Vegan Community.

Elmhurst from New York - producing only plant based milks also plant based egg replacement.

Vegan investment funds

We are Walden

New Crop Capital

Cheaper Insurance to vegans: Vapi, Health IQ:

Local organisations: Vbux - Bucks Vegans Meetup

exploring what works, setting up social events, connecting up vegans. etc.

Bring and Share vegan food. Meet up at vegan restaurants to encourage wider menu for vegans. Bring and Share Friends Meeting House Oct. 14th.

Aylesbury.

After Haz, Charmayne spoke about becoming vegan because of stomach issues. She found that she felt better within a few weeks and has had no pain in the last 8 years since she became vegan. She looked at environmental issues as a secondary issue. She suggests a step-by-step approach: Flexitarian, semi-vegetarian, pescatarian, vegetarian

Vegan statistics: 40% of land and 33% water used for livestock

56 billion livestock killed by humans every year to eat

Revital - catering company - has market stall.

Khepera - Charmayne's company